

## Skill Sheet 3-4

# Using an AED

**Note:** Do not use pediatric AED pads on an adult or on a child older than 8 years or weighing more than 55 pounds. However, adult AED pads can be used on a child younger than 8 years or weighing less than 55 pounds if pediatric AED pads are not available.

1. Turn on the AED and follow the voice prompts.

2. Remove all clothing covering the chest and, if necessary, wipe the chest dry.

3. Place the pads.

- Place one pad on the upper right side of the chest and the other on the lower left side of the chest below the armpit.
- If the pads may touch (e.g., on an infant or small child), place one pad in the middle of the chest and the other pad on the back, between the shoulder blades.



4. Plug the connector cable into the AED, if necessary.



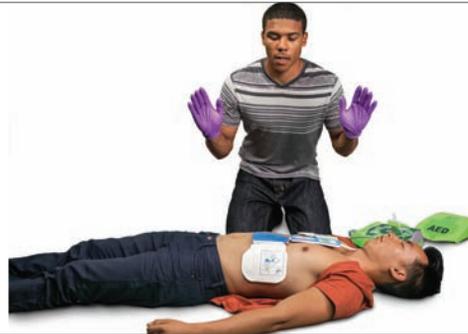
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## Skill Sheet 3-4

# Using an AED *continued*

### 5. Prepare to let the AED analyze the heart's rhythm.

- Make sure no one, including you, is touching the person. Say, "EVERYONE CLEAR!" in a loud, commanding voice.
- If the AED tells you to, push the "analyze" button to start this process.



### 6. Deliver a shock, if the AED determines one is needed.

- Make sure no one, including you, is touching the person. Say, "EVERYONE CLEAR!" in a loud, commanding voice.
- Push the "shock" button to deliver the shock.



### 7. After the AED delivers the shock, or if no shock is advised:

- Immediately begin CPR, starting with compressions. Continue giving CPR (about 2 minutes, or 5 sets of 30:2) until prompted by the AED.
- Continue giving CPR and following the AED's prompts until you see an obvious sign of life or EMS personnel arrive.